

Aegela Centers for Middle Eastern Dance

The Martin School
10 S. Holland Sylvania Rd. at Hill Avenue - #305
Toledo, OH

Belly Dance ... Shimmy into Spring!

March 7 – April 18, 2010
(6 week series – no classes Easter Sunday)

Series Fee – \$55.00 for 1 class/week; \$30 each additional time slot)
Cash**Checks**Visa**Mastercard**PayPal accepted

Mondays	Noon - 1:15 pm	Level 2	instr: Aegela
	5:45 pm – 7:00 pm	Level 1	instr: Aegela
	7:15 pm – 8:30 pm	Tribal Style Belly Dance	instr: Jen
Tuesdays	5:45 pm – 7:00 pm	Technique Intensive	instr: Aegela
	7:15 pm – 8:30 pm	Choreography - Taxim	instr: Aegela
Wednesdays	5:45 pm – 7:00 pm	Level 1-B	instr: Aegela
	7:15 pm – 8:30 pm	Level 1	instr: Aegela
Thursdays	4:15 pm – 5:30 pm	Choreography - TBA	instr: Aegela
	5:45 pm – 7:00 pm	Technique Intensive	instr: Aegela
	7:15 pm – 8:30 pm	Choreography - Taxim	instr: Aegela
Sundays	2:00 pm – 3:15 pm	Level 1	instr: Cheryl
	3:30 pm – 4:45 pm	Hip Hop Belly Dance	instr: Allie
	5:00 pm – 6:15 pm	Bollywood	instr: Payal

Level 1 - a beginner's introduction to basic belly dance movements.

Level 1B - for the continuing or returning student; addition of abdominal, hand, arm movements, combinations; introduction to zils and veil.

Level 2 – mastery of complex movements and travelling combinations; completion of Level 1-B required.

Tribal Style Belly Dance – Originating in California, the style is earthier than traditional oriental style belly dance; completion of Level 1-B required.

Choreography – Taxim – a slow, sultry piece emphasizing use of abs, arms, hands (no zils or veils) completion of Level 1-B required.

Hip Hop/Belly Dance – A fusion of two high energy dance styles presented in a choreography.

Bollywood – A contemporary and more social style of Indian dance popularized in theatre and films.

...to register via PayPal, send money to aegela@mindspring.com and indicate in the message box list class days & times (establishing a PayPal account is not necessary)

...to register via mail, send check payable to "Aegela" to 1101 Williams St., Adrian, MI 49221

Proper attire for all classes is comfortable exercise clothing; bare feet, socks or dance shoes

Due to class size limits, PRE-REGISTRATION IS ADVISED

Instructor reserves right to cancel classes with insufficient registration; spaces are not reserved without tuition